

The National Institute for Technical Professional Training and the Embassy of India in the Dominican Republic have the honour to invite you to celebrate

## AYURVEDA FOR ONE HEALTH AYURVEDA FOR EVERY ONE EVERY DAY

Welcome to the world of wellbeing

Interactive Ayurvedic Session Importance of Diet & Lifestyle Holistic Concept of Health

Interactive Seminars by Ayurveda Teacher & Counsellor

**Ms. Maria Luisa Valdez Alvarez**, and Ayurveda Practitioner **Ms Kyra Montagu**.



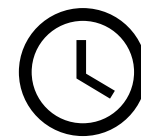
### DATE

10th November  
2023



### LOCATION

Salón Multiuso, Regional Metropolitana  
del INFOTEP, Autopista Duarte Km 6 ½,  
Santo Domingo, R. D.



### HOUR

3:00-05:00 PM

**¡REGISTER NOW!**



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Dress code: Formal Style

